

# Weekly Grocery List

Organized by store section - never backtrack through the aisles again.

WEEK OF: \_\_\_\_\_ STORE: \_\_\_\_\_ BUDGET: \$ \_\_\_\_\_

THIS WEEK'S MEALS:	Mon	Tue	Wed	Thu	Fri	Sat	Sun

## PRODUCE - fruit & vegetables

- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$

## DAIRY & EGGS

- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$

## MEAT, POULTRY & SEAFOOD

- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_ \$

## BREAD, BAKERY & GRAINS

- \_\_\_\_\_ \$
- \_\_\_\_\_ \$
- \_\_\_\_\_

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**CANNED & DRY GOODS** - never backtrack through the aisles again.

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## FROZEN FOODS

<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
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<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$

## SNACKS & DRINKS

<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$

## HOUSEHOLD & PERSONAL CARE

<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$

## OTHER

<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$
<input type="checkbox"/>		\$

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ACTUAL TOTAL: \$ \_\_\_\_\_

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